



# Gleaning Volunteer GUIDELINES



We want volunteering to be an enjoyable experience for our volunteers, and for our farm partners! Below are a few basic guidelines to remember, but please feel free to ask any questions throughout your volunteering experience.

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**Farm Partners:** We are so grateful to our farm partners for allowing us onto their property to glean! It's important to remember that these are working farms and we must be respectful of their directions, protocols, space, and any tools or materials we are borrowing. Every farm we glean at is different so it's important to learn what is expected from you at each site. We want these relationships to thrive!

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**Communication:** Please be sure to communicate with CCFSC staff about any volunteering needs. After signing up for a shift, please let us know if your availability changes so that we may open the spot to another volunteer. On the day of the glean, if you are running late, please send us a message, as we are often gleaning in a different spot than our meeting point and we ask that volunteers do not wander around the farm on their own.

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**Food & Harvest Safety:** Please follow directions on how to harvest the crop from the farmer or glean coordinator. Do not harvest anything with significant damage, animal droppings, or mold. If you have any questions about how to harvest a crop, or the quality of something, please check in with the glean coordinator. For some crops, we use harvest knives that can be very sharp. If you cut yourself, please let the coordinator know and do not continue harvesting until you have washed & sanitized your hands, and covered the wound.

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**Volunteer Safety:** Be sure to dress comfortably and appropriately for what you will be doing, and the weather. You will likely get dirty! We do ask that you wear closed toed shoes for harvesting. Bring anything you need to stay comfortable and safe, including water, sunscreen, and bug spray. Coordinators will also have these items available, as well as a first aid kit. If you need any of these items, please do not hesitate to ask.

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**Have fun!** Socialize with other volunteers, ask the coordinators and farmers questions, and enjoy the gleaning process. Coordinators will let you know what you are able to take home!

