

# Portland Community SUMMER FOOD RESOURCE GUIDE

Supplemental Nutrition Assistance  
Program formerly called "Food Stamps"

**'SNAP'**

Call **1-800-442-6003**

OR

Apply online at: [www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection)

When you use SNAP at Farmers Markets, you receive **Maine Harvest Bucks** to save on fruits and vegetables!

Visit: <http://www.maineharvestbucks.org/>

At **Cultivating Community Farm Stands**, you can receive a 50% discount on organic vegetables.

Call **(207) 761-4769** for more information.

Women, Infants, and Children

**'WIC'**

*You may qualify if you are pregnant or have children under five years old. Fathers may apply for their children. Household income limits apply.*

**Contact:**

**Opportunity Alliance**

**(207) 553-5800**

**190 Lancaster St,**

**Portland, ME**

**NEED HELP?** *Sometimes assistance programs can be difficult to navigate. If you need help applying or have questions about health and human services programs, you can call **2-1-1 Maine** by dialing **2-1-1** or visiting online at [www.211maine.org](http://www.211maine.org). If you have questions about food pantries or community meals you can also contact **Wayside Food Programs** at **(207) 775-4939**.*

## PANTRY AND RESOURCE CONTACT INFORMATION

First Baptist - (207) 773-3123 - 360 Canco Rd.

Michael Klahr Jewish Family Services - (207) 772-1959 - 1342 Congress St.

Peaks Island Food Pantry - (207) 332-2443 - 19 Church Ave.

Preble Street - (207) 775-0026 - 252 Oxford St.

Project FEED - (207) 761-3920 - 202 Woodford St.

The Root Cellar - (207) 774-3197 - 94 Washington Ave.

Sacred Heart / St. Dominic - (207) 929-3088 - Corner of Sherman & Mellen

Sagamore Food Pantry - (207) 221-8072 - 21 Popham St.

Salvation Army - (207) 774-4172 - 297 Cumberland Ave.

St. Luke's Food Pantry - (207) 772-5434 - 134 Park St.

St. Vincent DePaul - (207) 772-1113 - 307 Congress St.

Stroudwater Christian Church - (207) 772-2193 - 1520 Westbrook St.

Wayside Food Programs - (207) 775-4939 - 135 Walton St.

White Memorial - (207) 797-4144 - 97 Allen Ave.

Williston-Immanuel United Church - (207) 775-2301 - 156 High St.

## SUMMER MEALS

**1-866-348-6479**

Find more information online:

<https://www.fns.usda.gov/summerfoodrocks>

## WAYSIDE & CULTIVATING COMMUNITY POP UP PICNICS

Wayside & Cultivating Community are co-hosting four Pop Up Picnics this summer!

The events are designed to build community and are free and open to all. There will be a picnic dinner, activities and games, garden tours and music. For more information call Wayside at **(207) 775-4939** or Cultivating Community at **(207) 761-4769**.